

# Relaunching Sports, Playgrounds and Open Spaces

The City of Edmonton is taking a phased and balanced approach to relaunch efforts. Starting Friday, May 22, playgrounds, skateparks, tennis, pickleball, volleyball and basketball courts, disc golf, outdoor fitness parks and athletic tracks will begin re-opening.

## SPORTS FIELDS / ATHLETIC TRACKS

### What Can I Do?

- + Sports training, dryland training, skills practice

### With my household or cohort, games of:

- + Baseball, and other diamond sports
- + Football
- + Cricket
- + Lacrosse
- + Soccer
- + Rugby
- + Field Hockey
- + Ball Hockey

### What Can't I Do?

- ✗ League play
- ✗ No scrimmages or pick up games with people outside your family or cohort

### How can I do things there?

- + Take measures to ensure no accidental contact between participants
- + Make sure participants do not touch the same ball or equipment with their hands
- + Bring my own hand sanitizer and water

## SPORT COURTS

### What Can I Do?

- + Tennis, singles
- + Pickleball, singles
- + Disc golf

### With my household or cohort:

- + Tennis, doubles
- + Pickleball, doubles
- + Badminton, doubles
- + Basketball
- + Volleyball

### What Can't I Do?

- ✗ League play

### How can I do things there?

- + Bring my own marked equipment to play with (e.g. marked tennis balls) and only touch that equipment
- + Come back another time if the courts are busy, or try another court
- + Bring my own hand sanitizer and water

## SPRAY PARKS

- ✗ Spray Parks are closed for 2020

## PARKS AND OPEN SPACES

### What Can I Do?

- + Picnics / barbecues
- + Use the trails
- + Paddling, singles
- + Kicking a ball
- + Informal stick sports (e.g shooting, passing)

### With my household or cohort:

- + Frisbee
- + Lawn Bowling
- + Horseshoes
- + Bocce ball
- + Paddling

### How can I do things there?

- + Consider wearing a mask to limit the risk of spread to others
- + Bring my own food, drinks and utensils
- + Bring my own hand sanitizer
- + Take measures to ensure no accidental contact between participants
- + Make sure participants do not touch the same ball or equipment with their hands

## SKATEPARKS

### What Can I Do?

- + Skateboarding
- + BMX riding
- + Push scooters
- + Inline skating

### How can I do things there?

- + Wait my turn to use ramps, bars, etc.
- + Consider wearing a mask to limit the risk of spread to others
- + Bring my own hand sanitizer and water

## WHAT ARE THE RULES?

- + Gather in a group less than **50** people
- + Maintain **2 meters** from others not in my household or cohort
- + **Only share** common equipment with my household or cohort
- + Stay home if I am experiencing symptoms (go home if I develop symptoms)
- + **Wash** or **sanitize my hands** and cough/sneeze into my elbow or a tissue
- + **Disinfect equipment** before and after use

(in accordance with CMOH Orders 18-2020, 20-2020 & 07-2020 and Guidance for Outdoor Recreation and Playgrounds)